

	2022-2023
	Exercise Science (EXSC)
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*Provide a brief description of how assessment results have been used for program improvement. Point to a specific example of how an assessment provided the program with data it could use for improvement and what that improvement was, if possible, also show evidence of the improvement. You may look at data from the two previous academic years to support this case.*

Respond here:

The course sequencing (moving KINTs 3318 research methods and 3324 metabolic effects) prior to KINT 3330 Exercise Physiology has begun but there is not yet enough information to assess the effectiveness of this strategy in improving KINT 3330 pass rates and content comprehension. In this academic year (2022-23) it has become apparent that EXSC students are struggling with understanding fitness assessments. Students have demonstrated a clear misunderstanding of what the various test are utilized for and when it is appropriate to use them. This was discovered in courses (KINTs 3380, 4318 & 4350) where scenario-based exercise programming and assessment questions were posed. An action plan will need to be developed to create assignments to correlate fitness outcomes with proper testing.

*Identify and briefly discuss any programmatic curriculum changes made since the last report (e.g. new courses, course changes, SLO changes, course deletions).*

Respond here:

In our last report there were several revisions made to the EXSC program, at this time those are being implemented. Before more changes are considered, the effect of the new revisions needs to be assessed. Considering the poor comprehension of fitness assessment, new or modified SLO may occur in the future.



\* What do the data tell you? How will you use this data? How were data from the last cycle used to make changes during this cycle, and What were the results of those changes?



by students as they exit the program.

Exit level knowledge will be gathered in KINT 4350 "Exercise Prescription". The data will be compared to examine the impact of the program has on Exercise Science majors.

of students entering the program, while to exit exam allows program administrators to see the potential progress achieved by students as they exit the program. A

		standard for the portfolio.				



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